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Welcome to Edition Number Eight of the Inside Out Newsletter!

Hi Everyone!

Welcome to Issue #8. A big hello to all the new members since the last issue, great to hear from you all. We

had a really good time putting together this latest issue because as usual lots of inspiring art work, letters and writing. To

help us keep on track with the newsletter we have set the dates for the submission deadline and post-out deadline, so you have a better idea of when you'll be receiving the

newsletter and when to send in submissions. Dates for 2019 are:

Feb 1st – Submissions deadline for #9

Feb 15th - Post Out #9

May 1st – Submissions deadline for #10

May 15th – Post Out #10

Aug 1 st – Submissions deadline for #11

Aug 15th - Post Out #11

Nov 1st – Submission deadline for #12

Nov 15th - Post Out #12

In other news we received a \$2000 community grant from Globe Melbourne (Gay and Lesbian Organisation of Business and Enterprise) with that money we will be buying a scanner, printing and of course stamps, stamps and more stamps!

We hope everyone received our Christmas cards and we are looking forward putting Inside Out into its third year running with you all. We wish you all a Happy New Year!

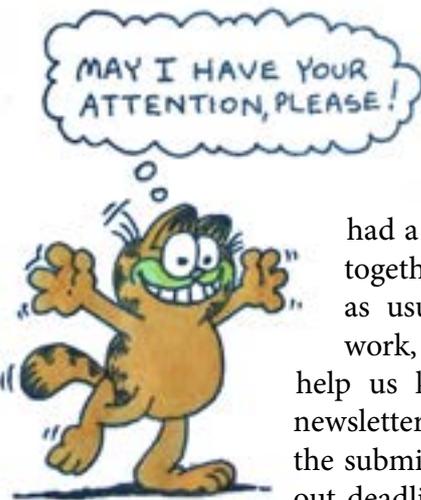
Amanda, Miranda & Inside Out

Info for people Incarcerated in Queensland

If you are in Queensland and want to contribute to the newsletter, speak to your parole officer or Queensland Corrective Services first. The QLD Corrective Services Act makes it unlawful to publish a statement from a prisoner (including someone on parole) without the permission of QCS. However, there are protections in the Australian Constitution about freedom of communication, so QCS will need to have a good reason to stop publication. Please send us your article with any correspondence you have permitting publication. If you want free legal advice to get your voice heard, we recommend you contact Prisoners' Legal Service on the ARUNTA or write to them at PO Box 5162

WEST END QLD 4101

As far as we are aware, other states do not have these restrictions, however if you want to be certain you might want to check with a lawyer first.



Letters and Ideas for the newsletter



We will treat all your correspondence as strictly confidential, and will only publish letters if there is very clear permission to do so.

Letter from Strange

Hello everyone :)

Thought I might say a few things about me, but first I would like to say hello to a few people. Taryn-Michelle, hi! I was shocked to hear about name change rules, thank you for that info, and btw I would love to hear some of your poems! To Katelyn, I am really happy to hear about you coming out, well done! Hoping its going well for you, jail can be a difficult place to be yourself. To James and Rory yous are so adorable with your love! Best of wishes :) ! Ah, hell, shoutout to everyone in the last print out of Inside Out, love you all!

So, a little bit about me now. 23 years old, father/parent of 3 boys 'whoohoo!' Skateboarder, gamer, dancer, singer, writer, lover of all things pretty much! I enjoy beach walks, dressing up and extreme pillow fights. Me and my mother are active fundraisers for breast cancer awareness, and I plan on pursuing suicide awareness and post-natal depression.

Take care everyone,
Much love!
Strange xo



Artwork by Simon Evans

Letter from Jaely Rose

Hi Inside-Out

My name is James Rose, also known as Jaely Rose. My good friend Paul West introduced me to this newsletter late last year but I have chosen now to write a letter because I think it will be good to connect with others who are/may be going through a similar situation as I am.

I am a trans-woman, age 21, who is currently undertaking hormone replacement therapy (HRT), and I have another 12-15 months till parole. And currently I am at Port Phillip Prison (Victoria). If you would like to connect please send me a letter.

James Rose (crn:209087)
P.O BOX 376, Laverton 3028 VIC

Letter from Nath

Dear Inside Out Crew!!

Gay-day from Dry as a bone Nowra. Though we've had a little rain. Hope it fell west of the Great Dividing Range!?

I tried my hand at art + being a typical Ozzie took the Piss out of my homosexuality. I love animals. I have a female red cattle called Aly. She is being looked after by a mate till I'm released. She's a lesbian. She only likes female dogs + cocks her rear leg when she "Pees"!?

Ok. Joke. How many Psychologists does it take to change a light bulb? Only one. As long as the light bulb wants to change!

A man walked into a Psychiatrist wearing nothing except cling wrap wrapped around his waist. The Psych said "man, before you tell me your problems, I can clearly see your nuts!!" Ha ha.

Thought for the day. Quote "Mark Twain." There are three lies. Lies, damn lies and statistics.

Ok. All for now. Anyone want to communicate let me know. Gay, 45 y/o, HIV+ guy at Nowra, NSW. Looking for penpals. Cheers n Beers from the Queer.
Nath.

Nathan Penman #592896
SCCC, PO Box 538, Nowra NSW 2541



Letter from Taryn-Michelle

Hi everyone :)

I could barely contain my excitement when I received the Winter '18 Issue #7. I could almost feel time stop as I began to read, absorbing every word. I am so happy to be a part of such a wonderful community. A big heart-warming hello to Amanda, Miranda and the Inside Out team as well as my brothers and sisters brought together by solidarity.

It's so great to see so many new contributors to the newsletter, so many new people which gives testament to the amount of people that the newsletter is helping. As well as the awesome altruistic and caring work that Amanda and Miranda are doing to bring light and hope to the LGBTIQ community. A big hello to my friend and sister-in-green Ashley Markey who is embracing new found friendships and support. Another big hello to Strange also, I can relate to your woes and I empathise with you greatly, if we do not do so soon we should catch up. I would also like to welcome Jonathon Trindall, Troy Peters, Katelyne, Simon, Allan, Chanel, Rhianna, Nathan, David McGettigan and Lanie Snell. As well as warm greetings to the regulars Dean, Damien, Cody, Raymond, James and Graham. A smile and a hug for all other readers as well. Should anyone wish to contact me to share in solidarity and friendship you are most welcome to write to me at Acacia Prison, LMB 1 Wooroloo WA, 6558. Thank you to all those also for your kind and thoughtful comments of my submissions and wellbeing.

I have some great news I would like to share with you all. I succeeded in my application to change my name (Please God for the last time) to Taryn-Michelle Hislop with all the permissions and authorisations in place. The joy I felt was akin to being reborn, only this time around I am able to appreciate the beauty and splendor of it. There are many people I owe thanks to and they know who they are, but the one I would like to thank again is Jennifer. Thank you for the depth of my heart for fighting for my rights.

There is some inspiring art work as always. I very much like all of it and they have inspired me to work harder at my own creations. It is clear there are some very talented individuals who are passionate about the LGBTIQ incarcerated community. Simon I adore your poster design, it reminds me of a piece my friend John Ramses did when he was here (he's gone back to America now) and has reminded me of fond memories. Thank you.

We've been hoping to form an LGBTIQ group here at Acacia which has seemed to have stalled though we live in hope it will eventuate. I believe there is a concern about a jail version of eHarmony evolving out of it which seems a bit phobic. Nevertheless, the dream remains alive just as the celebration of LGBTIQ incarcerated community day is still alive.

We are coming towards the end of 2018 and as I look back i find myself assessing the highs and lows. Thankfully there have been more highs this year and where the lows were concerned I've been able to find the silver lining. Though my appeal failed I did manage to have it on record all the issues I never got to bring up the first time around. Though the people who sexually abused me for twelve years when I was a child have not been brought to justice, I was able to bring my case to the police and it may hopefully help other victims who have suffered. Though I've not yet started HRT or seen Specialist Transgender Psychiatrists I have been able to change my name. I am half-way through my second year of my university degree in Business and continuing to get good grades. I have grown in my faith as a Christian and have made some new pen pals and I have found a community where I am accepted and I am encouraged to be true to myself. Yes, 2018 has been an awesome year.

Someone recently said to me "Don't you get sad that you do so much to help people and they don't care s#*t about you?" I calmly turned to them and said "I don't do it for a pat on the back, I do it because I care about people whether or not they like me or hate me. If I can help just one person then my incarceration has not been in vain." There was likely a cuss or two in there, jail being jail, but you get the gist. I hope and pray I may continue to help those who need it now and post-release.

Stray strong and never be afraid to ask for help.
In solidarity we find community.
Taryn-Michelle Hislop

Acacia Prison
LMB 1 Wooroloo
WA 6558



Artwork by Ashley Markey

Letter from Kain

My name is Kain Hackett. I'm a 45 year Aussie guy living in Parklea Correctional Centre till 21st November I get out. I'm looking for friendship, poss LTR with Mr Right. I'm caring, lovable and kind. I've breached my conditions I've done 4 months this time. I won't be back.

I'm hoping to find my own man and even marry one day. I have heaps to offer from my heart. I'm studying in 2019 to become a Relationships Counselor. I'm writing here for friendship, true friendship, even maybe LTR, who knows. I'm Aussie 45 yrs, caucasian, 65kg 5FT10 tall, straight acting guy, DTW and happy within myself. Please I hope anyone who reads this that is Bored Lonely does write to me. I'll answer all letters.

Kain Hackett
NSW



Artwork by Joe Salazar

Letter from Peter

Hi Inside Out Readers,
Since the last edition I have just moved from Karreenga CC to Langi Kal Kal to hopefully finish off the last part of my sentence.

Langi took some getting used to as it is an open camp set up. There are a lot more rules as you can imagine, but also a lot more things to do and overall a more relaxed set up.

Thank you to everyone who sent me letters in regards to my last Inside out entry. Please see my details at the end of the letter for those of you who asked for them.

This entry I would like to raise an issue (if it could be called an issue) of the way many of the LGBTIQ prison community hold ourselves.

I have now been in prison for 2 years. I have done time at 3 different prisons, MAP, Karreenga and now Langi Kal Kal. I've met heaps of different people in here, Trans, Bi, Gay and Queer. I must admit I have never had any trouble with my sexuality in prison. This I'm very grateful for as I am aware that some of you have.

I think the reason this is for me is that I've very comfortable with my sexuality. I am who I am, I'm gay but don't rub it in people's face. Many men that I meet ask me "should I keep my sexuality a secret?"

Many officers have told them to "keep it to themselves," "Keep it secret, you may be in danger." In some cases or prisons this could be true! However my advice to them is, you make your own decision, sometimes keeping secrets or telling lies rubs people in here the wrong way, making them distrusting of you. This can sometimes be more dangerous.

At the end of the day it is no one else's business and you should take your time to make your decision. Ask advice from people similar who you trust! Talk to Programs and Medical, teachers or officers. Hopefully your prison has an LGBTIQ Peer Listener.

Trust is a huge issue as to tell you the truth. The main group of people that I have had problems with are other Gay or Bi men either through jealousy or uneducation, I really don't know.

Another issue I see within the prison system is the huge amount of LGBTIQ people sleeping with huge amounts of other prisoners. Yes, I believe that as long as it's consensual and safe people should be allowed to sleep with as many people as they want. But please have in mind that actions like these affect us all. Unfortunately this paints us all with the same brush. Let's start being a support for each other instead of destroying our good work. Let's not give them anything to pin us. Be who you are, but respect yourself and your body.

“Stay Postive. Stay Fighting. Stay Brave. Stay Ambitious. Stay Focused. Stay Strong.”

Thank you,
Peter Carr
CRN 210476
Langi Kal Kal

 **“Ask Phoenix” Idea for Newsletter**

Any advice you need that you think would be helpful or personal things. It doesn't matter what, I'm more than happy to help. Never give up, always follow your dreams.

Quote of the day: Blood makes you related, but loyalty makes you family.

From Phoenix



Sent from Ashley Markey

 **Letter from Red-Zhuan**

Hello to everyone, especially Amanda and Miranda (are you two actual identical twins? Cause your names are rhymes) xD

Hi to Taryn, Strange, Codie, Peter, Paul Westie, RiRi and especially Ahmed Azil. First of all I would like to highlight here that I'm eager to know Ahmed Azil. I did try to write you a letter but the prison returned it back to me as likely they can't trace where you are. Oh, sorry where' my manner... I'm Red some called me Malaysia (because that's where I came from). I am 30 years old, I'm half Portuguese/ Javanese and Malay and I am a Muslim. And I'm not entirely "out" yet... still in da closet :(Just to put a picture in your head, that I'm kinda a Bi. But I'm more into women. I'm doing 5 years already and still have 2 years until my bottom.

It's hard living like this, it's like being a superhero that required you wearing a mask. That mask itself not for you but to protect people whom you loved. If I came "out", quiet possibly my parents and nana are the one took the biggest impact of all... Ever since I knowing that I am kinda different, I tried to be more heterosexual and masculine. But I realised the more I tried the more likely I become what I'm afraid of. For those who already knew what I am, please don't bother to show my Muslim housemate that I wrote all this essay. They might kicked me out from the cottage, I don't want to end up seeking for a place to stay when I don't necessarily have to do so.

I wanna share a few things to you all. In Malaysia, most of a LGBTIQI use their own terms or code. For instance, if it happen to you that a bloke/ woman that walks past you, doesn't matter if they are your mate or your friend's mate. If you curious about his "status" you'll asked your mate "is he PLU?" What does PLU means? It means "is he People Like Us?" Someone did write for me on issue #4 or #5 but I remain anonymous. And right now I thought that I have to clear the air. Rightio, I have nothing else to say... and those who agreed that newsletter have to be given out once every two months instead of three please raise your dick! :D

Red-zhuan Mahat (201258)
Karrenga Correctional Centre
PO Box 1044, Corio Vic 3214

Red.



Writing and Artwork from the Inside

Poem by Phillip Jenkins

Committed to shadowlands
walking the dead as horny demonic
figures bite at closed eyes
jesus feeds on leftover carcass,
rank,
he see's in me what I saw in you
and I know this is where my love
belongs
decaying diabolical
you are the universe
pink plankton
unpasted



Self portrait by Damien Linnane

Transgender Me - By Taryn-Michelle

In 2015 I came out as a transgender woman (MtF) and since then I have struggled to verbalise the thoughts, feelings and day to day issues I have come across since embracing my gender identity. I decided to immortalise some of these issues into a painting called "Transgender Me" - A graphite interpretation in metallic colour over monochrome.

Starting from the background I began with two sides of light and dark to represent happy and sad, or good and bad. I then used a combination of vines, leaves and flowers to portray to the viewer the belief that being transgender or queer is perfectly natural. The nine small butterflies symbolise my children at the time of incarceration. Seven step children and two biological. The butterflies vary in colour and intensity so as to represent their individuality and their freedom to be who they are.

The center piece represents the transition from male on the left, to female on the right. I decided to use the gender stereotyped colours on the wings, not for conformity but more as a statement of the "pigeonhole" society places on gender. Which is exactly why I placed leaves over the genitalia of the female side because society will accept male nudity yet frown upon female expressionism, almost as if people are ashamed of how they came to be.

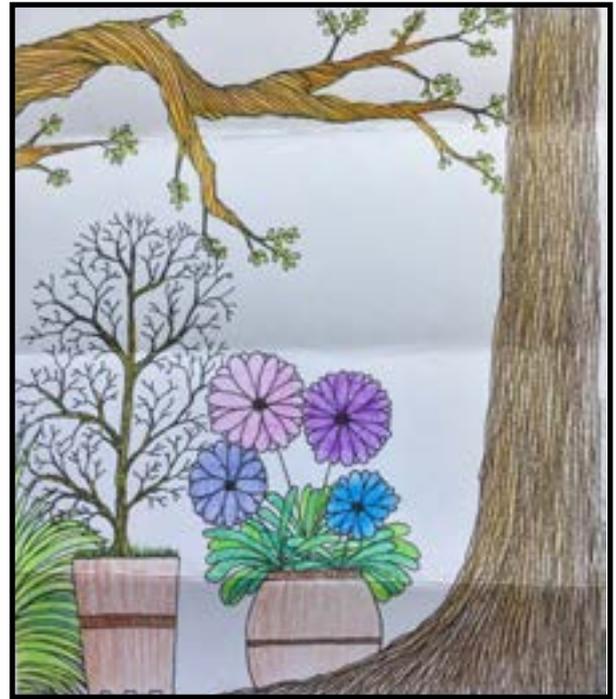
Hidden Rainbows

On the outside
Rainbow colours can be seen
On the inside
Subdued tones of grey and green
While outside - smiles abound
Anger and Hate are all that's found
On the inside

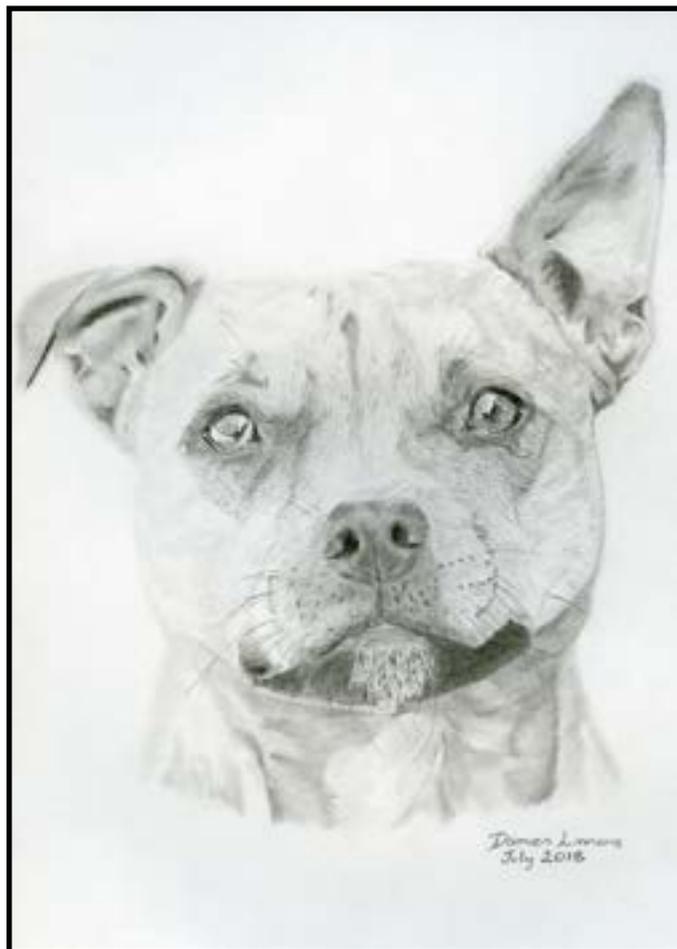
Tears are hidden, faces stone
No weakness or emotions shown
The atmosphere always feels like rain
Stoic faces hide the pain
But even inside, the sun rays can shine through
While outside still - some get blue

The rainbow paints the hearts of those
Who, when outside - it freely grows.

By David McGettigan



Artwork by Simon Evans

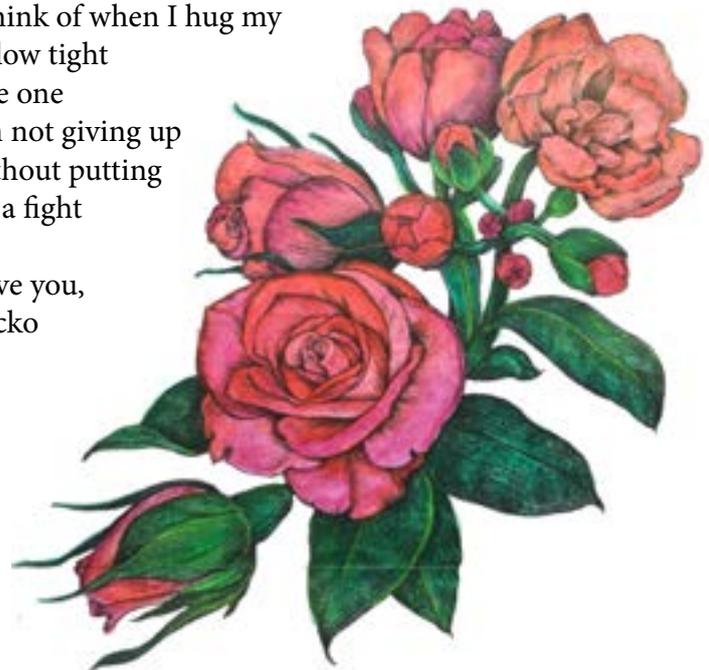


*Art by Damien Linnane. See more on Instagram
@embersofretribution*

You Are by Raymond Dickson

Ryan you are the one
I love with all my might
The one
I'm thinking every night
The one
That helps me make things right
The one
I dream of when I sleep at night
The one
I think of when I hug my
pillow tight
The one
I'm not giving up
without putting
up a fight

Love you,
Dicko



Artwork by Ashley Markey

Shattered

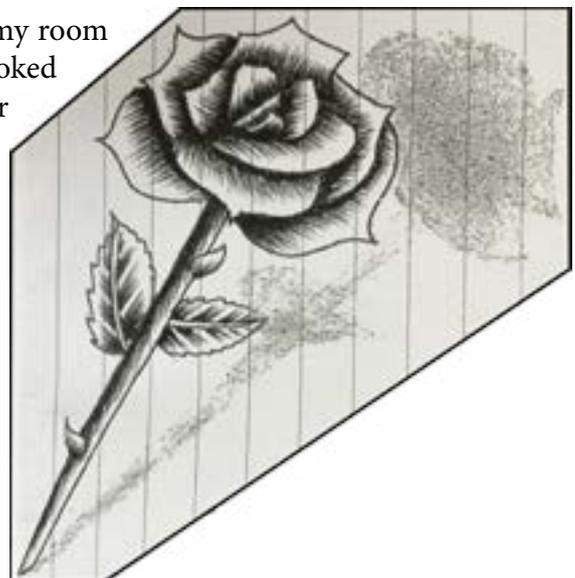
By Taryn-Michelle



Content warning: The following writing contains references to sexual and physical abuse

I created this painting as a way for me to work through the difficulty of trauma that I suffered as a child between the age of 4 and 16 years when I was sexually abused, tortured and violently mistreated. I spent my childhood in fear of the next attack. The next hit or the next time I would be caught unawares and subjected to the evil intentions of those who I looked to for protection and safety. I chose to bifurcate the painting to highlight the fact that abuse and domestic violence can happen to either sex, and also to illustrate that I am transgender. Even at the age of 4 I knew that I was different but had no words to express what I was going through.

For this reason I set each half of the room, a child's room, my room as it looked and would've looked. The left being as it looked growing up conforming to being a male with all the decor and trappings of a boys room but with a bit of pink here and there as a way of expressing my most inner self. The right side of the painting is your typical girl's room all nice and pink with flowers and butterflies and pink Barbie car. I did not put anything male on this side as it represents the true me. Even the superhero poster on the wall is gender specific. Superman on the left and Supergirl on the right.



Rose Artwork by Ashley Markey

12 Unbelievable Facts About LGBT Rights In Australia - Sent in by Cody Jarvis

1. It wasn't until 1997 that Tasmania decriminalised sex between men – the last Australian state to do so.
2. NSW, Victoria and South Australia are the only states where people convicted of having gay sex can have their convictions removed. For everyone else, it remains on their record.
3. Tasmania is the only state where it is illegal for religious organisations to discriminate against LGBT people.
4. In Queensland, the age of consent for anal sex is 18, whereas for vaginal and oral sex it is 16. This applies to everyone, not just gay men – but it certainly affects them more than other groups.
5. Transgender people must undergo costly and invasive sex reassignment surgery before they can change the sex on their birth certificate in every state but the ACT.
6. Transgender people who married prior to transitioning are not legally able to change their documented sex – they must divorce their spouse first, or continue to have a non-preferred sex on their documents.
7. Until a landmark decision in 2013, transgender children had to get approval from the Family Court to access puberty blockers – a reversible medical treatment that delays the onset of puberty.
8. Once aged 16, transgender children can access hormone replacement therapy and physically transition. However, they can only do this via the Family Court – essentially, a judge decides if they are competent to transition, not medical professionals.
9. Men who have had sex with other men in the previous year cannot donate blood as they are a high risk HIV group. This is the case regardless of whether they are in an HIV-free and monogamous relationship.
10. Same-sex couples cannot adopt children in Queensland, Victoria, Northern Territory and South Australia.
11. Same-sex stepparents cannot legally adopt their partner's children in Queensland, South Australia or the Northern Territory.
12. It wasn't until 2008 that people in same-sex relationships gained the same rights as heterosexual couples in regards to superannuation, tax, immigration, social security and other aspects of Commonwealth law.



Artwork by Nath Penman

All By Myself

Deserted, Left Alone, Isolated
No news heard or communicated
Where is the love?
At least from above.
My God is always there.
All it takes is a prayer.
My lover is gone.
It's time to move on
To friends whom I know care
People who will always be there
Positive people around me
Positive energy, surround me.

I want to be able to smile
And I think I will - in a while
But right now, just let me be
Life will start again, when I'm
free.

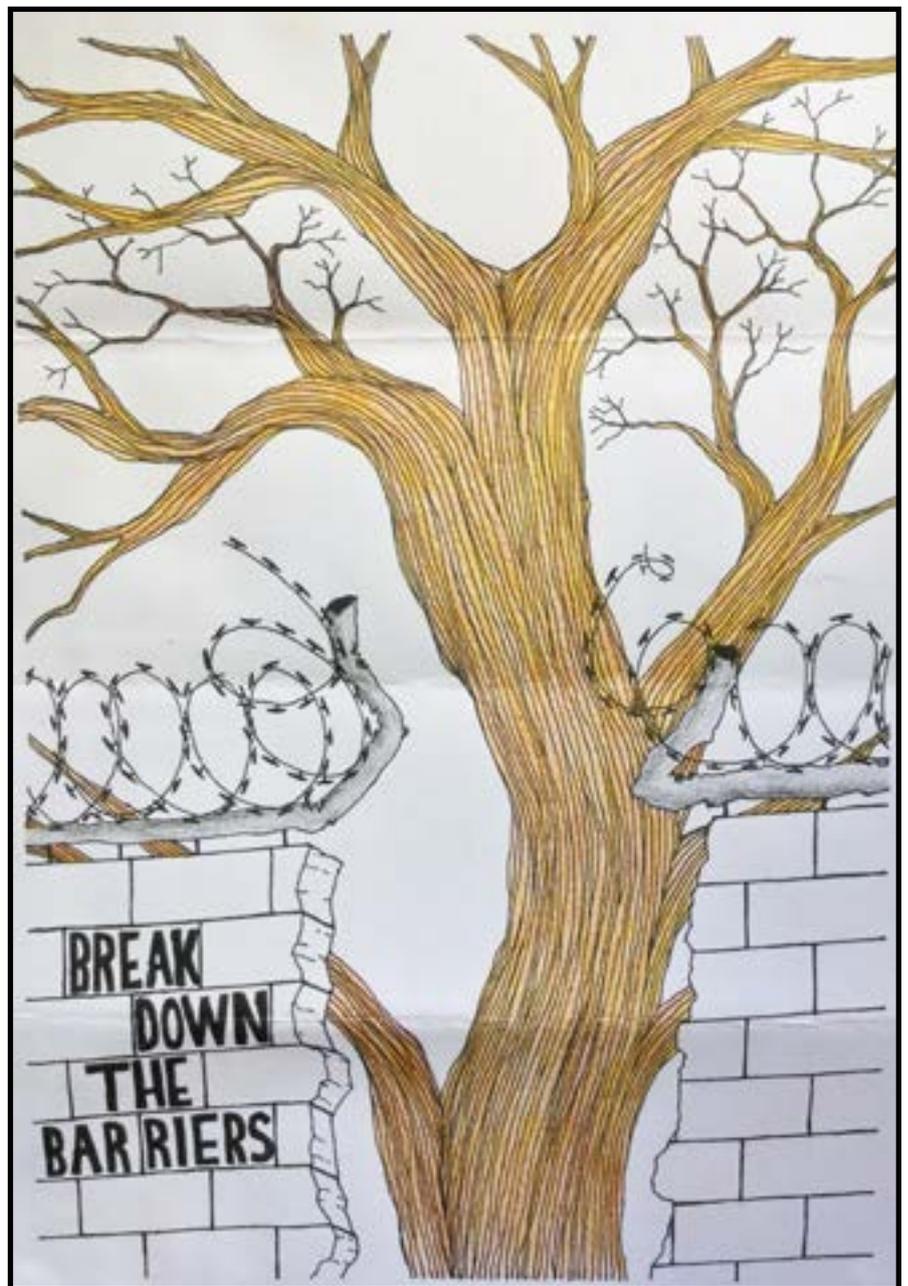
By David McGettigan

My 2 Lil' Baby Bro's

You are my all time best Lil Baby Bro's in the whole universe, and whenever I think about you, I just smile. You bring me joy to my heart. Sammy and Mikey, you're both beautiful and adorable, kind hearted, miss you everyday. We are worlds apart but close in our hearts. I wish you were both here with me now, but one day soon you will be and I'll never let you go.

When I first spoke to you, you both were so caring and understanding, helpful as well, also you helped me with my sexuality, which means a lot and has forever changed my life for the better. I'm nothing without you in my life. Always keep your head up and never give up in life no matter what happens in this world, know that I'm always in your hearts.

From: Phoenix



Artwork by Simon Evans



Artwork by Damien Linnane

What World AIDS Day means to me.

World AIDS Day: Let's stop criminalizing HIV status vs Victorian HIV Strategy 2017 - 2020

This year, we celebrate as HIV survivors, World AIDS Day 2018, with the theme "Everybody Counts".....

There are still countless numbers of Victorian Long Term Survivors, that live isolated and disconnected lives and predominantly because of their HIV Status. Many have lost their identities that once connected them to community and to services that identified them with a sense of belonging, advocacy and care. Many have lost their identities and formed new identities as part of the wider community. This type of change has created further disparity, isolation and loneliness. It has not always been a positive change in identity as a means of trying to be counted.

In many instances, where help is sort.....many find that they are 'Out of Scope'.....'Out of Scope' with service providers, advocates, communities and organisations that once embraced and competed for their engagement.



Changes in the names and platforms of peak HIV organisations where any reference to HIV or AIDS has been removed from the new naming rights of organisations, has not only been disrespectful. It has also cemented stigma and created a further unjustifiable and undignified hardship for those many that remain disconnected, isolated and immune now from the communities that once recognised them and once supported them.

This is what the realities of ageing is actually like as a long term survivor of HIV and AIDS in Victoria.

During World AIDS Day 2018, you will hear of lots of speeches that define co-morbidities, increases in cancer presentations, escalation in the deterioration of immunity systems and maybe some discussion on mental health and HIV Cognitive Deterioration from the specialists and professionals that work in HIV and HIV fields at the present time. You will hear speeches around PrEp and Truvada.....

You hear lots.....but there will be lots missing that you don't hear....

What you won't hear.....are the lost and disconnected voices that still live in our communities, but have become forgotten.....who have become isolated.... who have become lonely.....who have lost their connections to their own identities and who have lost their connections to community and to the services that once supported them as "warriors"....

I like to use the term "warriors", because if we don't recognise the history and the commitment and the engagement of these lost and isolated warriors, we wouldn't have the cleaner treatments or the vision that we have today with respect to care and treatments around HIV and AIDS. It was these "warriors" that have created a future from their own pasts and where they were the future of HIV and AIDS and where they still are.

It's ok to move on. But it's certainly not ok to forget the past and the legacy of the past, they remain, isolated, forgotten and in many instances disconnected.

The story below is as current now as it was when it was written two years ago. **Editors note: Parrish's 2nd article will be published in issue #9**

I share, this because I haven't seen changes that we need as a community. We talk a lot about it, but I haven't seen the changes that we celebrate.

We lack vision. We lack opportunity. We lack education. Medical Professionals starting their journeys lack the knowledge and the respect of the past.....We are a funny tribe. We take for granted that we have often solved the problems of the past, because we have progressed so far. Often though, it the past and the legacies of the past that still remain essential and just as important for the future.

As we celebrate World AIDS Day 2018. Lets consider the theme 'Everybody Counts'

By Parrish Charles



Let's Play, What's That Song?!

Submission from Taryn-Michelle.



How to play: Guess the missing word for the "Chorus Line" and write the Title and Singer/Band in the space provided :) Answers on page 21. No Peeking!

1) "Don't __t__p t__in__ing about t__m__r__r__o__"

Title: D__n't __t__p

Band/Singer: Fl__t__t__o__d M__c



2) "P__t On Y__u__ Boots And __a__d__e, Ride __h__t M__s__ang Out The __h__te"

Title: E__e__tric __o__eo

Band/Singer: __e__ Ke__n__g__an

3) "I'm G__n__a Love __o____or__ve__ And E__er, Fo__e__er And E__er __m__n"

Title: Fo__e__er And E__er__m__n

Band/Singer: __an__y Tr__vi__

4) "So G__d__ye __e__l__w Br__c__ Road, W__e__e The D__g__ of S__ci__ty Howl"

Title: G__d__ye __e__l__w Br__c__ Road

Band/Singer: E__to__ J__h__

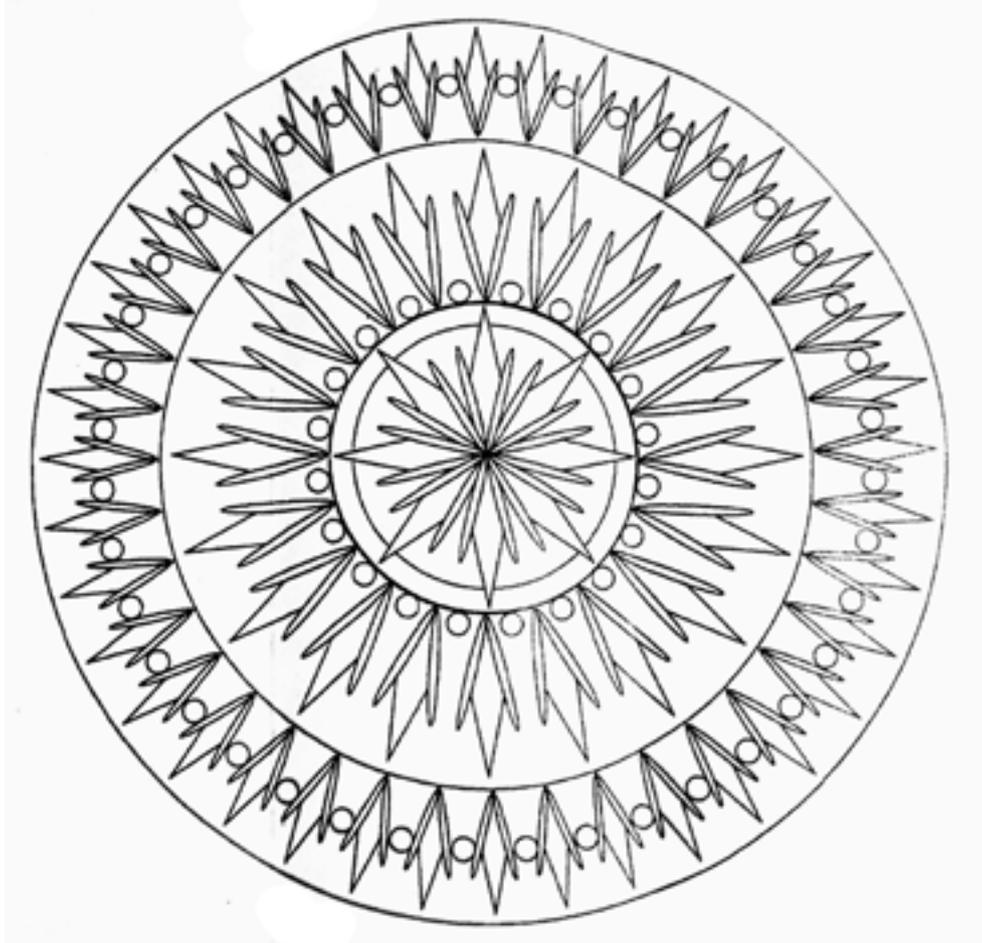
5) "__ Can __ Your H__r__o B__y__"

Title: H__r__

Band/Singer: E__r__q__e I__le__ias



Colouring-in from Simon Evans



'Camp Comic Comedy'

by Nath Penman



Support and Resourceful Information/Organisations within the LGBTQI+ Community - Sent in by Cody Jarvis

Qlife

T: 1800 184 527
PO Box 51
Newtown NSW 2042

QLife provides anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships. QLife services are free and include both telephone and webchat support, delivered by trained LGBTI community members across the country. Our services are for LGBTI individuals, their friends and families, and health professionals.

National LGBT Health Alliance

info@lgbthealth.org.au
T: (02) 92062054
PO Box 51,
Newtown, NSW 2042

The National LGBTI Health Alliance is the national peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on lesbian, gay, bisexual, transgender, and intersex people (LGBTI) and other sexuality, gender, and bodily diverse people and communities.

A Gender Agenda (AGA)

T: 02 6162 1924
PO Box 4010
Ainslie ACT
2602 Australia
www.genderrights.org.au

AGA is a peer-based community organisation in the ACT that works with the intersex and gender diverse community. This includes intersex people, transsexuals, transgender people, cross-dressers and other gender variant or gender non-conforming people. Services include: Support and Advocacy Services, Workshops and Community Events, Information and Resources, Training and Community Education, Human Rights and Law Reform, Professional engagement with Health Practitioners

ACON

T: 1800 063 060
PO Box 350
Darlinghurst NSW
1300 Australia
www.acon.org.au

New South Wales based health promotion organisation specialising in HIV prevention, HIV support and lesbian, gay, bisexual, transgender and intersex (LGBTI) health. Offers a range of programs and services across metro & regional areas of NSW.

Gay and Lesbian Foundation of Australia (GALFA)

PO Box 3066
VIC, 3163 Australia
www.galfa.org.au

Charitable foundation whose purpose is to provide funds for charitable activities/organisations which have as their sole or chief purpose/outcome, the good and betterment of the LGBTQI+ and allied communities, in Australia.

Victorian AIDS Council Counselling Services

T: 1800 134 840
T: (03) 9865 6700
Level 5, 615 St Kilda Rd
Melbourne VIC 3004
enquires@vic aids.asn.au
www.vic aids.asn.au

Provides confidential counselling to individuals for people who have a AIDS/HIV in the LGBTQ+ community

Gay and Lesbian Health Victoria (GLHV)

T: (03) 92855382
Level 1, 215 Franklin St,
Melbourne 3000
Australia
www.glhv.org.au

GLHV is a health and wellbeing resource unit. They develop training and health promotion resources and work to improve health across the community

Transfolk WA

PO Box 90, Midland DC, WA 6936
admin@transfolkofwa.org

TransFolk of WA is a support service for all transgender people and their loved ones in Western Australia. The organisation provides accessible safe spaces where members can expect dynamic peer support.



Photo from the Inside Out Xmas card writing event in Melbourne

The eLGee BeeTeeQ's

Comic Strip
By Taryn-Michelle



Answers for "What's That Song?!"....
 1) "Don't stop thinking about tomorrow - Don't Stop - Fleetwood Mac 2) "Put on your boots and saddle, ride that mustang out the chute" - Electric Rodeo - Lee Kernaghan 3) "I'm gonna love you forever and ever, forever and ever amen" - Forever and ever amen - Randy Travis 4) "So goodbye yellow brick road, where the dogs of society howl" - Goodbye yellow brick road - Elton John 5) "I can be your hero baby" - Hero - Enrique Iglesias

Inside Out Newsletter Feedback Form

Name (optional):

What did you like about the newsletter?

.....

.....

Anything you didn't like or think could be different?.....

.....

.....

More about Inside Out

Who is this newsletter for?



Inside Out is primarily for people who are or have been incarcerated. This includes prison, juvenile detention centres and immigration detention (on-shore and off-shore detention). It is for lesbian, gay, bisexual, transgender, intersex, queer, sistergirl, brotherboy, 2spirit, takatapui, fafafine, asexual and many other diverse gender and sexual identities. You don't have to identify as one of these to receive the newsletter. You might be curious or questioning your gender or sexuality. You might just support the LGBTIQ+ community. You might have loved ones who identify as gender or sexually diverse. This is an inclusive newsletter! Going on our mailing list doesn't mean having to identify in any particular way. The newsletter will also be available to those in the community on the outside. However, the focus is in providing a voice for, and giving access to information to people in prison or those who have experienced incarceration.

Email: info@insideoutaustralia.org
Website: www.insideoutaustralia.org

What do you want Inside Out to be?

We want Inside Out to be lead first and foremost by prisoners. If you have ideas about what the newsletter should include or ideas about what the Inside Out network should be, we would love to hear from you. Please let us know if you want us to publish your ideas so that we can create a discussion and build this project together.

Right now the newsletter is the main focus of the group. However, as we build more capacity we might be able to take on other projects. Please be aware that Inside Out does not currently have the capacity to provide support in terms of individual advocacy, legal advice, financial support or counselling.

Go on the mailing list

Let us know if you are not already on our mailing list and you want to receive this free newsletter. Or if you know anyone else who wants to. We will send you out a new edition every 3 months.

Contribute your artwork or writing

If you want to have your writing, articles, poetry, letters or artwork featured in the next edition of the newsletter, please send it to us at:

Inside Out
Po Box 2446
Footscray
Vic, 3011



Feedback Form continued

What else would you like to see in the newsletter?

Any other comments/ feedback?

Please add my friend to the mailing list.....

I would like to be on the Birthday Card list. My birthday is

I'd like to receive the newsletter.
My address is

I'm being released on this date:.....and I would like to keep receiving the newsletter after that. My post-release address: